

Prescribing CGM: A quick sheet for copy/paste into electronic prescriptions

For all CGM scripts

- Request CGM to be dispensed all at once (no repeats)
- Remind patient that they have an annual allocation so if they have premature sensor loss they need to contact the technical support service of the CGM distributor (not the pharmacy).
- Technical support for Dexcom CGM - Phone 0508 634 103
Online form <https://nzmsdiabetes.co.nz/dexcom-technical-support/>
- Technical support for Freestyle Libre CGM – Phone 0800 100 106 option 1

Stand-alone CGM

Freestyle Libre 2

Instructions: one sensor every 14 days – applied to upper arm.

Mitte 7 over 3 months

- *If you wanted to be extra helpful you could add a “contact Mediray 0800 100 106 opt 1 for technical support”*
- *3-month prescriptions can have up to 7 sensors which will allow for one extra sensor in the event of a sensor failure or needing to remove the sensor for a medical procedure such as Xray. There is a maximum of 29 sensors per year.*

Dexcom ONE+

Instructions: One sensor every 10 days – applied to upper arm or abdomen.

Mitte: 9 over 3 months

- *If you wanted to be extra helpful you could add a “contact NZMS 0508 634 103 or <https://nzmsdiabetes.co.nz/dexcom-technical-support/> for technical support”*
- *3-month prescriptions can have up to 9 sensors which will allow for one extra sensor in the event of a sensor failure or needing to remove the sensor for a medical procedure such as Xray. There is a maximum of 40 sensors per year.*

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Interoperable CGM

(Typically funded for use with insulin pumps to run automated insulin delivery or where recommended by the diabetes team).

Dexcom G6

Instructions: One sensor every 10 days and 1 transmitter every 3 months – applied to upper arm or abdomen for use with Insulin pump.

Mitte: 1 pack over 3 months

- *If you wanted to be extra helpful you could add a “contact NZMS [0508 634 103](tel:0508634103) or <https://nzmsdiabetes.co.nz/dexcom-technical-support/> for technical support”*
- *3 month prescriptions can have up to 9 sensors which will allow for one extra sensor in the event of a sensor failure or needing to remove the sensor for a medical procedure such as Xray. However the prescription comes as a 3 month pack which includes the transmitter that lasts for 3 months. There is a maximum of 40 sensors which equates to 4x 3 month packs per year.*
- *Dexcom G6 sensors are currently only funded to be used with Tandem T: Slim insulin pumps with Contol-IQ/Basal-IQ automated insulin delivery, however if the person has hypo-unawareness and needs predictive low glucose alerts, their diabetes team might recommend they use a Dexcom G6 as their stand-alone CGM.*

Dexcom G7

Instructions: One sensor every 10 days – applied to upper arm or abdomen for use with Insulin pump.

Mitte: 9 over 3 months

- *If you wanted to be extra helpful you could add a “contact NZMS [0508 634 103](tel:0508634103) or <https://nzmsdiabetes.co.nz/dexcom-technical-support/> for technical support”*
- *3 month prescriptions can have up to 9 sensors which will allow for one extra sensor in the event of a sensor failure or needing to remove the sensor for a medical procedure such as Xray. There is a maximum of 40 sensors per year*
- *Dexcom G7 sensors are currently only funded to be used with Tandem T: Slim insulin pumps with Contol-IQ/Basal-IQ automated insulin delivery, however if the person has hypo-unawareness and needs predictive low glucose alerts, their diabetes team might recommend they use a Dexcom G7 as their stand-alone CGM.*

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Freestyle Libre 3 Plus

Instructions: One sensor every 15 days – applied to upper arm for use with Insulin pump.

Mitte: 6 over 3 months

- *If you wanted to be extra helpful you could add a “contact Mediray 0800 100 106 opt 1 for technical support”*
- *3 month prescriptions can have up to 6 sensors which will allow for one extra sensor in the event of a sensor failure or needing to remove the sensor for a medical procedure such as Xray. There is a maximum of 28 sensors per year.*
- *Currently Freestyle Libre 3 can only be used with Ypsomed Insulin pumps running CamAPS automated insulin delivery, however by July 2025 it is expected to be available to be used with Tandem T:Slim insulin pumps.*
- *Freestyle Libre 3 Plus cannot be used as a stand-alone CGM in NZ as the app is not compatible – therefore patients using this CGM as part of their AID system may request a script for standalone CGM to use in the event of pump failure/time off the pump.*